

Supporting carers and people receiving care to plan for the future



Liverpool

Are you a carer or do you receive care?

Are you worried about what will happen in the years ahead?

Or have you already made plans for the future?

**If the answer is yes to any of these questions,
then we want to hear from you.**



Liverpool
City Council



Peace of Mind
Take care now and look to the future



The
Brain
Charity

The Brain Charity and Liverpool City Council are teaming up to find better ways to support carers and people receiving care across Liverpool City, to plan for the future. And we'd love you to get involved.

Just by sharing your stories, experiences, questions or concerns about preparing for the future, you can help improve the support and information available. This will enable you and others in a similar position to face the future with confidence.

Being part of the conversation is easy! You can:



Fill out a questionnaire, online or on paper



Take part in a one-to-one interview



Chat with others in an organised group



Join workshops, enjoy and relax with creative sessions onsite

Sound good?

Then get in touch with the team at The Brain Charity and we'll tell you a little more about how you can take part.

Thank you.

If you would like to be involved in this project please contact peaceofmind@thebraincharity.org.uk or call **07851 256113**

www.thebraincharity.org.uk



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