



National support
for all neurological
conditions



Practical information and advice

Practical advice when you need it most

The impact of a new neurological diagnosis can be wide-ranging, and living with a neurological condition can throw up endless challenges.

The Brain Charity's Information & Advice Officers can support you practically, whether the person with the neurological condition is yourself or someone you care for.

It's easy to feel overwhelmed by medical jargon. Our staff can tell you in plain English what a diagnosis means and what a future living with a neurological condition might look like.

The Brain Charity supports people from all over the UK, virtually via phone, email, video call and physically at our centre in central Liverpool. We can also send information via post.

All our services are free to people with neurological conditions and their families, friends and carers too.

Contact us

Call reception: 0151 298 2999

Email: info@thebraincharity.org.uk



www.thebraincharity.org.uk

Our reference library

The Brain Charity's centre in Liverpool contains an extensive library of resources on all of the more than 600 different neurological conditions in existence.

We also have a collection of materials covering the various issues and aspects of living with a neurological condition, such as accessing welfare benefits, managing physical pain, finding the right mobility aids, holidays, insurance and getting the health and social care support you need.

It is free for you to use our library, and no membership is required. We have free WiFi and laptop computers which can be used by the public.



We can make information available in alternative formats upon request. If you are not confident with computers, our Information and Advice Officers can help you access the information you need online.



www.thebraincharity.org.uk

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Other ways we can help

The Brain Charity can also help you:

- Apply for welfare benefits
- Know your rights at work
- Look for new career opportunities
- Manage caring responsibilities
- Apply for emergency funding (if eligible)
- Help get you the best specialist equipment you need
- Request aids for and adaptations to your home
- Find a specialist lawyer
- Introduce you to a like-minded community
- Find the best place to go on holiday

In your hospital

If you or someone you love has been rushed to hospital, life may feel very frightening.

The Brain Charity's Information and Advice Officers support patients in four hospitals across Merseyside - The Walton Centre, Liverpool Women's Hospital, Royal Liverpool University Hospital and Aintree University Hospital.

They can help you apply for emergency funding for travel and toiletries (if eligible), offer a listening ear and make calls to loved ones.



Other services we offer

Practical help

- Welfare benefits advice
- Employment support
- Carers advocacy

Emotional support

- Phone befriending
- Counselling
- Support groups

Social activities

- Coffee mornings
- Workshops and classes
- Volunteering



Lindsey:

"The first time I spoke to The Brain Charity, it was life-changing.

They took my questions and gave me practical, factual responses.

Suddenly, I realised my life wasn't over - it was just going to be different."



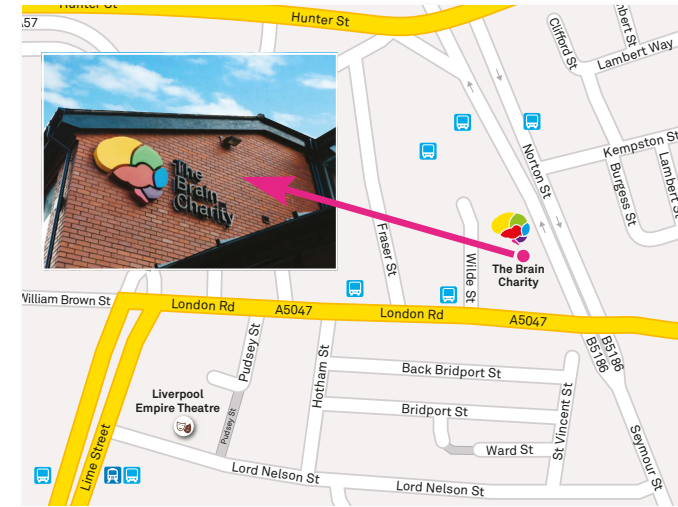
About The Brain Charity

The Brain Charity offers emotional support, practical help and social activities to anyone with a neurological condition and to their family, friends and carers.

There are hundreds of different neurological conditions including stroke, brain injury, dementia, neuropathy and many rarer ones too. We are here for every single one of them.

Find our centre

Our centre in Liverpool is fully wheelchair accessible. Parking is available for Blue Badge holders.



The Brain Charity
Norton Street
Liverpool, L3 8LR

Opening times:
Monday - Friday
9am - 5pm

If you need further directions or have any issues getting to our building, please call The Brain Charity's reception on **0151 298 2999**.

The Brain Charity is a registered charity (No: 1114999) and a company limited by guarantee in England and Wales (No: 5741930). Registered office: The Brain Charity, Norton Street, Liverpool, L3 8LR. Updated March 2022